

EASTER HOLIDAYS

WOOKEY HOLE

We're organizing a trip to Wookey Hole on **Thursday 10th April**. More than Caves, Wookey Hole has loads attractions and activities, such as: Valley of the Dinosaurs, Bear Museum, King Kong, Fairy Garden, Pirate Ship, Papermill and Mirror Maze. For our wheelchair users who are unable to access the caves there is now a "virtual tour" of Wookey Hole. For more details visit www.wookey.co.uk.

Prices are **£8 per person** including entrance and transport. Coaches will leave Beambidge at 9.00am, Tangier at 9.30am and Bridgwater Bus Station at 10.00am. Leaving Wookey at 3.30am

Closing date, **Monday 31st March**.

EDEN PROJECT



As our last visit to the Eden Project was so successful we are planning another visit on Tuesday 15th April, but this time with our children.

Prices are **£8 each**. **Closing date is Monday 31st March**. Coaches will leave at: Bridgwater Bus Station at 8.00am, Tangier at 8.30am & Beambidge at 9am. Leaving Eden at 4pm.

LONDON MARATHON

We were hoping to arrange a coach to take ESCAPE members up to London to watch the Marathon on April 13th. Unfortunately we haven't had enough interest to warrant putting on a coach, but perhaps you might like to arrange car share, train journey or travelling with Berrys.

Would you like to show your support by sponsoring our two runners, Chris Ker and Tina Greenhalgh. There is opportunity to sponsor.



SOOTY

Sooty is booked for Wednesday 16th April at 3.30pm in the Brewhouse Theatre. Wheelchair positions are available in the theatre. The closing date is Tuesday 11th March so hurry and return your reply slip if you would like to book.

TAUNTON FUN RUN / HALF MARATHON / MARATHON

Many thanks for all those members who have sent in entry forms for the 2008 Taunton Fun Run/Half Marathon and Marathon. Its not too late to enter and the **more the merrier** so ask your family, friends, colleagues to join in our fun and help raise funds for your ESCAPE activities, please return entry forms by 19th March!!

MARCH PUB WALK

The March pub walk is planned for Tuesday 18th March. Walkers meet at 10am in Castle Green in Taunton. If you are not walking but would like to meet for a social pub lunch, meet in The Firestone, Castle Green from 12 noon.



BATH SPA

We hope to arrange a trip to Bath on Thursday 17th July to pamper ourselves in Bath Spa for 2 hours. The facilities are: a minerva bath, open air roof top pool, aroma steam rooms, waterfall shower & restaurant. The cost of the spa session will be £18 and £6 for those who would just like to look around/shops etc. Closing date is 25th April. Deposit of £6 each please.

SWIMMING

Sedgemoor Splash, Bridgwater

1st March and 5th April. Arrive between 10.15 and 10.45am. Cost is £2.00 per child (all ages) with carers free (price may increase in April). Transport is available just call Sue Hawkins on 01823 279329 at least 24 hours in advance.

Swimming, St James Street Pool

All swimming sessions are held at St James Pool. Cost: only 50p per person.

Holiday swims: Wednesday 9th & 16th April, 12.30pm-1.30pm.

Family swims: Wednesday 5th, 12th, 19th & 26th March and 23rd & 30th April from 4.00pm-5.00pm.

Sunday swim: 16th March & 20th April, 3.00pm-4.00pm

Adult & Pre-school swimming

Thursdays, 6th, 13th, 20th, 27th March and 24th April in the large pool, St James Street from 1.00pm-1.30pm. £1.50 per session or 50p each if swimming with children.

LONDON CARERS' TRIP

Due to the errors in our newsletter the closing date for the 2008 London Carers trip has been extended to Monday 10th March. Prices are £85 for a single room and £55 if sharing a twin or double room. Send a £10 deposit to secure your place and fill in the booking form, indicating who you would like to share with.



QUIZ NIGHT

Toby Greenhalgh, one of our teenage members is organizing a quiz night on behalf of ESCAPE. Toby plans a number of question rounds, a bar, live music and interlude games. The quiz night will be held at Richard Huish College on Wednesday 19th March, starting at 7.00pm to 11.00pm. The Richard Huish car park will be available for anyone attending the event. If you would like to support Toby, tickets are £3 each; teams will be a maximum of 6 people. Fill in the reply form if interested.



PARENT & TODDLER MORNING

Paula is hosting a Toddler & Parent Morning at AJ's Play Centre, Frobisher Way, Taunton. AJ's is very accessible, has disabled & baby changing facilities & a coffee shop. Join Paula on Wednesday 26th March at 10.30am for coffee and toddler play at a cost of £2.50 per child, including coffee for parent. Pay Paula on the day.

CONTACT US

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Members are welcome to visit the
ESCAPE office between
10.00am -12.00pm Tuesday -Thursday (term time only)